

Kitchen Sink Hibachi

Cooking out of your freezer and using what ingredients you do have can be surprisingly fun!

You can basically use any mixture of vegetables and protein choice you have on hand for this recipe.

ingredients

- 1 cup frozen corn
- 1 cup frozen peas
- 1 cup frozen zucchini noodles
- 1 large onion, diced
- 1 lb cooked chicken, diced
- 2 tablespoons soy sauce
- 2 tablespoons hoisin sauce
- 1 cup cooked brown rice
- Salt & pepper as needed

directions

- In a large non-stick skillet, add a drizzle of oil and saute vegetables for 10 minutes
- Add cooked chicken, soy sauce, hoisin sauce, and brown rice
- Continue cooking, stirring occasionally, for another 5 minutes

